

Project ECHO

A virtual learning community for healthcare providers



Project ECHO (Extension for Community Healthcare Outcomes) is a unique, virtual learning community for healthcare providers who care for pediatric patients. The goal is to help participants master best practices for common conditions that can become complex. Cohorts are offered free of charge.

FOR MORE INFORMATION

For schedules, registration, continuing education, and more information visit our web page at: cincychildrensecho.com

WHAT IS THE COHORT FORMAT?

Each course is offered via video conferencing for an average of 25 participants. Courses last 75 minutes and include a live lecture, case presentation, discussion and time for questions. The didactics, presented by Cincinnati Children's specialists, provide seeds of content knowledge. But the discussions are the richest part of learning, with opportunities to follow cases over time and interact with other participants in meaningful ways.

WHO CAN TAKE THESE COURSES?

We welcome primary care providers, advanced practice nurses, physician assistants and behavioral health specialists to participate. Please refer to the website and review course details for more information about the intended audience. Continuing education credit is available.

WHAT COURSES ARE AVAILABLE?

For 2023, we anticipate having the following courses. For detailed course and registration information, please visit cincychildrensecho.com

- **Anxiety** — The goal of this program is to improve primary care providers' comfort with identifying and managing treatment of anxiety in the primary care setting, while also providing a network of resources to ensure patients receive the right care at the right time.
- **Depression** — This program gives providers a unique learning community that focuses on topics such as how to diagnose depression, prescribe medication, behavioral approaches to consider and when to make a referral.

See reverse side for additional courses available.



“The course gave me insights into things I might change in caring for patients with depression, and a greater comfort level with certain approaches and medical management. The training I received could allow me to make fewer referrals for specialty care, which means patients will receive the treatment they need more quickly.”

– Paul Korn, MD, pediatrician
Mason, Ohio

- **Mental and Behavioral Health Treatment** — The goal of this program is to provide an efficient and collaborative way to learn and practice evidence-based interventions for children and adolescents presenting to therapists in community agencies and schools.
- **Mental Health Trauma** — This program aims to help providers recognize and respond to the mental and behavioral health, academic and medical needs of youth impacted by trauma.
- **Advanced Mental Health for Graduates of Anxiety or Depression Courses** — These learning sessions will allow providers to continue building knowledge with advanced educational didactics, follow cases longitudinally with direct consultative support, and learn tools and obtain resources to manage the medical and therapeutic components of mental health care.
- **New mental health course(s)** — Topics to be determined. Courses continue to be updated and added. Please check the website for updates at cincychildrensecho.com